

To: Presidents, General Managers, Head Coaches & Football Administration, CFL Officials, CFLPA
Cc: Randy Ambrosie, Kevin McDonald, Darren Hackwood, Matt Maychak, CFL
From: Ryan Janzen, Sr. Director, Football Operations, CFL
Date: November 5, 2018
RE: Player In-game Celebrations – 2018 season

As a League, the CFL supports the ability for our players to participate in in-game celebrations, provided that the celebrations are not done in a way that violates the CFL rules or brings disrepute to the CFL, our fans, your opponent or the game of football. In order to maintain reasonable limits with respect to in-game celebrations, we remind you that all in-game activity will continue to be monitored and any players who engage in actions that contravene the league's acceptable standards will be subject to supplementary discipline.

Any celebratory act performed during a game must respect the following guidelines:

- It must be performed in a timely manner
- It must not involve the removal of a player's equipment
- It must not bait, taunt or make reference to any individual, group or Member Club
- Props may be used to celebrate a touchdown provided they are not hidden in a player's uniform or the goal post assembly and they are not demeaning or discriminatory in any way.
- It must not make a political or social statement
- It must not include messaging of any kind on the player's body, clothing or equipment
- It must not simulate any act of violence such as a throat slash gesture or any type of gun simulation
- It must not have a sexual connotation in any way
- It must not include any consumption of alcohol or drugs or mimicking the consumption of alcohol or drugs

In addition to any supplementary discipline received by a player for violating these standards, CFL Officials will also have the ability to apply appropriate penalties during the game in relation to the illegal action, including, but not limited to:

Delay of Game (Rule 1.7.8 - 2018 CFL Rule Book) Objectionable Conduct (Rule 7.4 - 2018 CFL Rule Book) - CFL Standards and Interpretations Document as provided to CFL Head Coaches.

Head Coaches and/or General Managers are asked to communicate this information to their players immediately.

Thank you in advance for your cooperation.

Sincerely,



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Ryan Janzen Senior Director, Football Operations

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