



MEDIA SCHEDULE

All times are local and subject to change

PRACTICE LOCATIONS

Teams have the option to practice indoors or outdoors on Wednesday and Friday.

Indoor practices will take place at Yara Centre in Moose Jaw.

Outdoor practices will take place at Mosaic Stadium.

Walkthroughs on Saturday will take place at Mosaic Stadium.

Each morning, the CFL Communications team will notify media where each team will practice.

REMINDER

ALL media members – whether print, online, television or other – who do not abide by the CFL's media policy may be asked to leave the venue and they may have their media credentials revoked.



PLEASE NOTE

- Team practices are closed to the media today.
- The quarterbacks of both teams are excused from tomorrow's media availability.

MEDIA SHUTTLE BUS

7:30 a.m. Wingate by Wyndham to REAL District

MEDIA DAY – EAST DIVISION CHAMPIONS

[Queensbury Convention Centre, REAL District](#)

Ballroom B – 2nd floor

9 – 10:30 a.m.

A buffet breakfast will be from 7:30 – 8:15 a.m. Following breakfast, 24 players and coaches from the East Division Champions will be available for interviews. The Grey Cup Trophy will be present.

Players and coaches will be stationed in individual booths for interviews.

Media are welcome to make use of Meeting Room 2 as a work area. This space will be available until the conclusion of the West Division Champions' media day session.

MEDIA SHUTTLE BUS

11 a.m. Wingate by Wyndham to REAL District

MEDIA LUNCH

[Queensbury Convention Centre, REAL District](#)

Meeting Room 2 – 2nd floor

12 p.m.

Between the two Media Day sessions, lunch will be served.

MEDIA SHUTTLE BUS

1 p.m. Wingate by Wyndham to REAL District

MEDIA DAY – WEST DIVISION CHAMPIONS

[Queensbury Convention Centre, REAL District](#)

Ballroom B – 2nd floor

1:30 – 3 p.m.

24 players and coaches from the West Division Champions will be available for interviews. The Grey Cup Trophy will be present.

Players and coaches will be stationed in individual booths for interviews.

Ballroom B and the media work area in Meeting Room 2 will close following the conclusion of the West Division Champions' media day session.

MEDIA SHUTTLE BUS

3:30 p.m. REAL District to Wingate by Wyndham

4:45 p.m. Wingate by Wyndham to Conexus Arts Centre

MEDIA LOCKDOWN ROOM OPENS FOR CFL AWARDS

[Conexus Arts Centre](#)

Jacqui Shumiatcher Room

5 p.m.

Media will be provided with the evening's results under embargo. Media will be strictly prohibited from publicizing any information until after each award has been presented.

Media are asked to enter via west entrance.

After each award presentation, the winner will be made available to the media.

Dinner will be served at 6 p.m.

MEDIA SHUTTLE BUS

6 p.m.

Wingate by Wyndham to Conexus Arts Centre

CFL AWARDS

[Conexus Arts Centre](#)

**7 – 9 p.m.
(approx.)**

TSN's Kate Beirness will host the 2022 CFL Awards. The night will recognize the top individual performances and achievements from the season by naming the Most Outstanding Player, Most Outstanding Defensive Player, Most Outstanding Canadian, Most Outstanding Offensive Lineman, Most Outstanding Special Teams Player, Most Outstanding Rookie, Coach of the Year, Commissioner's Award, Hugh Campbell Distinguished Leadership Award, Jake Gaudaur Veterans' Award, Tom Pate Award and the Jane Mawby Tribute Award.

MEDIA SHUTTLE BUS

9:30 p.m.

Conexus Arts Centre to Wingate by Wyndham