

Celebrate Your Garden with us this Spring at the ABC Gardeners' Market Saturday 14 October 8am-1pm

Gardening is good for the soul! Buzz along to the ABC Gardeners' Market this spring to catch Port Power footballer Matt Lobbe and his brother Tom go green onstage with kitchen herbs. Taste bug-alicious treats with a Post Dining experience, and spoil your ears with the gospel sounds of House of Songs Project, direct from Austin, Texas.

The much loved and local ABC Gardeners' Market returns on **Saturday 14 October**. It will not only leave you bug-eyed by the gardening goodies but it's crawling with food, family fun and entertainment.

Gates to the ABC studio grounds at **85 North East Road**, open at 8am and close at 1pm. Entry is via gold coin donation, supporting the mental health charities **Grow** and **Diamond House**.

The popular weekend family event doesn't just sell a diverse selection of plants; the kids will love the family entertainment, including the circus from 9am and face painting from 10am.

Join ABC Radio Adelaide's presenter **Ashley Walsh** broadcasting **Talkback Gardening** live on stage from 8:30am with gardening expert **Jon Lamb**, followed by popular on-air segments **About the House** with builder/carpenter **Rose Squire** at 10am and the **Saturday Quiz** at 10:30am.

Book a tour of the ABC studios with **Sonya Feldhoff** at 9:30am, **David Bevan** at 10:30am and **Eddie Bannon** at 11:30am. Get in early to secure a spot, spaces book out.

From 11am **Port Power** AFL footballer **Matt Lobbe** and Gardening Landscaper **Tom Lobbe** are special guests to the ABC Gardeners' Market. The brothers and **Mental Health Week** ambassadors will take to the stage to share their personal challenges with managing mental illness from the perspectives of both the sufferer and the family. And as gardening is good for the soul; they'll have fun demonstrating how to make an indoor kitchen herb garden terrarium – which one lucky marketgoer will win later in the day - one of many prizes you can win in the raffle.

Then just after 1130am the bug-alicious **Fringe** show sensation, **Post Dining** with **Steph Daughtry** and **Hannah Rohrlach** will get you buzzing on a voyage into flavours of the unknown. Recently seen at the **Open State Festival** you'll taste treats on the fly made from a variety of insects and natural ingredients. 'Bee' warned, audience participation is required!

From 12:15pm spoil your ears with the sultry gospel sounds of the **House of Songs Project** direct from **Austin Texas**. Don't miss these very special performers, who are in Australia for the premiere screening of **Brumley's Suitcase**, part of the **Adelaide Film Festival**.

Held twice a year, the **ABC Gardeners' Market** has raised over \$300,000 for South Australian charities since its inception over 20 years ago.

All proceeds collected on 14 October will support prevention and recovery through two lived-experience community mental health charities, **Grow** and **Diamond House SA**.

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