

#1 Cod Liver Oil in the USA**



- Promotes cardiovascular, cognitive, and joint health*
- 1,100 mg of omega-3s per packet (1 teaspoon) + vitamins A and D3
- Sourced from wild-caught, Norwegian Arctic cod
- Processed and bottled in Norway for maximum freshness
- Freshness, potency, and purity guaranteed



Carlson®

Award-Winning Quality Since 1965

**SPINScan Natural, Supplement Oils, Total US, 52 Weeks Ending 06/14/2015. Natural Products Supermarkets > \$2MM.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Omega-3s + Vitamins A and D3

Cod Liver Oil provides the beneficial omega-3s EPA and DHA, plus vitamins A and D3 to support heart, brain, vision, joint, mood, immune, and skin health.*

To ensure maximum freshness, Cod Liver Oil is closely managed from sea to store. We source the highest quality Arctic cod off the coast of Norway using traditional, sustainable methods. The same day they're caught, our cod are transported to a highly regulated Norwegian facility for processing and purification. Carlson Cod Liver Oil is bottled with a touch of vitamin E and is given a nitrogen flush to remove oxygen and to prevent oxidation. A single packet (1 teaspoon) of Carlson Cod Liver Oil provides 1,100 mg of omega-3s. And like all Carlson omega-3s, freshness, potency, and purity are guaranteed.

1 Teaspoon (5 mL) / 1 Packet Provides	
Vitamin A (from cod liver oil and retinyl palmitate)	255 mcgRAE*
Vitamin D (from cod liver oil and cholecalciferol)	10 mcg
Vitamin E (as d-alpha tocopherol & mixed tocopherols)	6.7 mg
Norwegian Cod Liver Oil	4.6 g
Omega-3 Fatty Acids	1,100 mg
DHA (Docosahexaenoic Acid)	500 mg
EPA (Eicosapentaenoic Acid)	400 mg

1351-3d

Bottles		
Flavor	Size	Code
Lemon	250 mL	1351
Lemon	500 mL	1352
Fruit Splash	250 mL	1361
Natural	250 mL	1321
Natural	500 mL	1322

Pouch of Packets		
Flavor	Size	Code
Lemon	15 – 5 mL Packets	1359

Box of Packets		
Flavor	Size	Code
Lemon	15 – 5 mL Packets	1357



MK 1355 C2

Carlson®



©2020 J.R. Carlson Laboratories, Inc., 600 W. University Drive, Arlington Heights, IL 60004

Fax: 847-255-1605 • E-mail: carlson@carlsonlabs.com

Phone: 847-255-1600 • 888-234-5656 • www.carlsonlabs.com

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.