

MEDIA SCHEDULE
104th GREY CUP PRESENTED BY SHAW

All times subject to change.

WEDNESDAY, NOVEMBER 23

8 a.m.	Media Shuttle Bus Westin Harbour Castle to Delta Toronto Lower Simcoe
8:30 a.m. – 9:30 a.m.	Grey Cup Head Coaches Media Conference Delta Toronto Lower Simcoe – Kensington Room, 2 nd floor The head coaches from the two competing teams will address the media simultaneously. This will be their only media availability on this day. A question & answer period will follow opening remarks. Continental breakfast served.
9:45 a.m.	Media Shuttle Bus Delta Toronto Lower Simcoe to Monarch Collegiate Stadium 1 Parkmount Rd, Toronto, ON M4J 0A5
10:30 a.m. – 12:30 p.m.	East Division Champions Practice Monarch Collegiate Stadium 1 Parkmount Rd, Toronto, ON M4J 0A5 Open practice to media. Filming of practice restricted. Team to notify media what portions of practice can be filmed.
11:30 a.m.	Media Shuttle Bus Westin Harbour Castle to Monarch Collegiate Stadium
12:30 p.m. – 1:15 p.m.	East Division Champions Player Media Availability On the field – Monarch Collegiate Stadium
1 p.m.	Media Shuttle Bus Westin Harbour Castle to Monarch Collegiate Stadium
1:45 p.m.	Media Shuttle Bus Monarch Collegiate Stadium to Westin Harbour Castle
2 p.m. – 4 p.m.	West Division Champions Practice Monarch Collegiate Stadium 1 Parkmount Rd, Toronto, ON M4J 0A5 Open practice to media. Filming of practice restricted. Team to notify media what portions of practice can be filmed.
3:15 p.m.	Media Shuttle Bus Westin Harbour Castle to Monarch Collegiate Stadium

4 p.m. – 4:45 p.m.	West Division Champions Player Media Availability On the field – Monarch Collegiate Stadium
5 p.m.	Media Shuttle Bus Monarch Collegiate Stadium to Westin Harbour Castle
6 p.m.	Media Shuttle Bus Westin Harbour Castle to Delta Toronto Lower Simcoe
6:30 p.m. – 7 p.m.	Shaw CFL Awards Nominees Media Availability Delta Toronto Lower Simcoe – Distillery Room The East & West Most Outstanding Players for the 2016 season will be available for media interviews. NOTE: This will not include any players that are on the teams participating at the Grey Cup.
7:15 p.m.	Media Shuttle Bus Delta Toronto Lower Simcoe to Westin Harbour Castle
THURSDAY, NOVEMBER 24	
PLEASE NOTE	<ul style="list-style-type: none"> • Team practices are closed to media on this day. • Quarterbacks of both teams will be excused from tomorrow's media availability.
7:45 a.m. 8:30 a.m.	Media Shuttle Bus Westin Harbour Castle to Delta Toronto Lower Simcoe
9:30 a.m. – 11 a.m.	Media Day – East Division Champions Delta Toronto Lower Simcoe – SoCo Ballroom Media are invited to attend a buffet breakfast from 7:45 a.m. to 9 a.m. Following breakfast, players and coaches from the East Division Champions will be available for interviews. The Grey Cup Trophy will be present. Media who would like a booth in the room, please contact Lucas Barrett (lbarrett@cfl.ca). Booths are limited. Media can stay in the room where space will be provided to work. Lunch will be served in the room from 12:30 p.m to 2 p.m.
11:15 a.m.	Media Shuttle Bus Delta Toronto Lower Simcoe to Westin Harbour Castle
10:30 a.m. – 12:30 p.m.	West Division Champions Closed Practice Monarch Collegiate Stadium
12:15 p.m.	Media Shuttle Bus Westin Harbour Castle to Delta Toronto Lower Simcoe

12:30 p.m. – 2 p.m.	<p>Media Lunch Delta Toronto Lower Simcoe – SoCo Ballroom</p> <p>Between East Media Day and West Media Day sessions, lunch will be served to the media and work space will be provided.</p>
2:30 p.m.	<p>Media Shuttle Bus Westin Harbour Castle to Delta Toronto Lower Simcoe</p>
3 p.m. – 4:30 p.m.	<p>Media Day – West Division Champions Delta Toronto Lower Simcoe – SoCo Ballroom</p> <p>Media will have access to players and coaches from the West Division Champions. Players and coaches will be available for interviews and the Grey Cup Trophy will be present.</p> <p>Media who would like a booth in the room, please contact Lucas Barrett (lbarrett@cfl.ca). Booths are limited.</p>
2 p.m. – 4 p.m.	<p>East Division Champions Closed Practice Monarch Collegiate Stadium</p>
4:40 p.m.	<p>Media Shuttle Bus Delta Toronto Lower Simcoe to Westin Harbour Castle</p>
6:30 p.m. 7:30 p.m.	<p>Media Shuttle Buses Westin Harbour Castle to Art Gallery of Ontario</p>
6:30 p.m.	<p>Media lockdown room open for Shaw CFL Awards Art Gallery of Ontario</p> <p>Doors to the media lockdown room will be opened at 6:30 p.m. At that time, media will be provided with the results under an embargo basis. Media will be prohibited from publicizing any information until after each award presentation has been announced.</p> <p>After each award, the winning player will be made available to the media in a room, located down the hall from the lockdown room. A light dinner will be served.</p>
7 p.m. – 8 p.m.	<p>Shaw CFL Awards Red Carpet Art Gallery of Ontario</p>
8:30 p.m. – 10:15 p.m.	<p>Shaw CFL Awards Art Gallery of Ontario</p>
10:45 p.m. 11:15 p.m.	<p>Media Shuttle Buses Art Gallery of Ontario to Westin Harbour Castle</p>

FRIDAY, NOVEMBER 25

PLEASE NOTE

- Quarterbacks of both teams are excused from media availability today.

8:30 a.m. **Media Shuttle Bus**
Westin Harbour Castle to Delta Toronto Lower Simcoe

9 a.m. – 9:45 a.m. **CFL Commissioner’s State of the League Media Address**
Delta Toronto Lower Simcoe – SoCo Ballroom

CFL Commissioner Jeffrey L. Orridge discusses the State of the League with national and international media. A question & answer period will follow opening remarks. Continental breakfast served.

9:55 a.m. **Media Shuttle Bus**
Delta Toronto Lower Simcoe to Monarch Collegiate Stadium
1 Parkmount Rd, Toronto, ON M4J 0A5

10:30 a.m. – 12:30 p.m. **East Division Champions Practice**
Monarch Collegiate Stadium
1 Parkmount Rd, Toronto, ON M4J 0A5

Open practice to media. Filming of practice restricted. Team to notify media what portions of practice can be filmed.

11 a.m. – 12 p.m. **Fan State of the League with Commissioner Orridge**
Delta Toronto Lower Simcoe – SoCo Ballroom

CFL Commissioner Jeffrey L. Orridge provides an update to hundreds of fans in a town hall-style event. Commissioner Orridge will also answer questions from fans and the Grey Cup trophy will be in attendance.

11:45 p.m.	Media Shuttle Bus Westin Harbour Castle to Monarch Collegiate Stadium
12:30 p.m. – 1 p.m.	East Division Champions Player Media Availability On the field – Monarch Collegiate Stadium
1 p.m. – 1:15 p.m.	East Division Champions Head Coach Media Availability Media conference room – Monarch Collegiate Stadium
1:15 p.m.	Media Shuttle Bus Westin Harbour Castle to Monarch Collegiate Stadium
2 p.m.	Media Shuttle Bus Monarch Collegiate Stadium to Westin Harbour Castle
2 p.m. – 4 p.m.	West Division Champions Practice Monarch Collegiate Stadium 1 Parkmount Rd, Toronto, ON M4J 0A5 Open practice to media. Filming of practice restricted. Team to notify media what portions of practice can be filmed.
3:15 p.m.	Media Shuttle Bus Westin Harbour Castle to Monarch Collegiate Stadium
4 p.m. – 4:30 p.m.	West Division Champions Player Media Availability On the field – Monarch Collegiate Stadium
4:30 p.m. – 4:45 p.m.	West Division Champions Head Coach Media Availability Media conference room – Monarch Collegiate Stadium
5 p.m.	Media Shuttle Bus Monarch Collegiate Stadium to Westin Harbour Castle
SATURDAY, NOVEMBER 26	
PLEASE NOTE	<ul style="list-style-type: none"> • Players and the Head Coach will be made available to the media after the walkthrough. • <u>Walkthrough practices may finish early without notice. Media are recommended to arrive for the start of the walkthrough.</u>
9:30 a.m.	Media Shuttle Bus Westin Harbour Castle to BMO Field

10:30 a.m. – 11:30 a.m.	West Division Champions Walkthrough BMO Field Open practice to media. Filming of practice restricted. Team to notify media what portions of practice can be filmed.
10:30 a.m.	Media Shuttle Bus Westin Harbour Castle to BMO Field
11:30 a.m. – 12:00 a.m.	West Division Champions Player Media Availability On the field – BMO Field
11:30 a.m.	Media Shuttle Bus Westin Harbour Castle to BMO Field
12 p.m. – 12:15 a.m.	West Division Champions Head Coach Media Availability Media conference room – BMO Field
12:30 p.m.	Media Shuttle Bus BMO Field to Westin Harbour Castle
12:30 p.m. – 1:30 p.m.	East Division Champions Walkthrough BMO Field Open practice to media. Filming of practice restricted. Team to notify media what portions of practice can be filmed.
1:30 p.m.	Media Shuttle Bus BMO Field to Westin Harbour Castle
1:30 p.m. – 2 p.m.	East Division Champions Player Media Availability On the field – BMO Field
2 p.m. – 2:15 p.m.	East Division Champions Head Coach Media Availability Media conference room – BMO Field
2:30 p.m. 3:30 p.m. 4:30 p.m.	Media Shuttle Buses BMO Field to Westin Harbour Castle
SUNDAY, NOVEMBER 27	
9 a.m.	Football Reporters of Canada Hall of Fame Induction Brunch The Westin Harbour Castle The FRC's Annual General Meeting will follow the brunch.
2:30 p.m. 3:30 p.m. 4:30 p.m.	Media Shuttle Bus Westin Harbour Castle to BMO Field

3 p.m.	Press Box Open to Media BMO Field
4 p.m.	Gates Open to Public BMO Field
6 p.m.	104th Grey Cup Championship Game presented by Shaw BMO Field
10:30 p.m. 11:30 p.m. 12:30 a.m. 1:15 a.m.	Media Shuttle Bus BMO Field to Westin Harbour Castle