

DHA with Choline

A Synergistic Blend for Mom & Baby

- ✓ Promotes fetal health and healthy growth and development*
- ✓ Supports heart, brain, vision, and mood health in moms*
- ✓ Sustainably sourced from a Norwegian wild-catch fishery
- ✓ Provides the 3:1 DHA:EPA ratio naturally found in breastmilk, plus SPMs, PRMs, and choline
- ✓ Freshness, potency, and purity



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Award-Winning Quality Since 1965

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Better Breastmilk for Babies

Mom's DHA + Choline blends sustainably sourced herring caviar oil and omega-3s, and provides the 3:1 DHA to EPA ratio naturally found in breast milk. The DHA is phospholipid-bound, supporting healthy brain development for baby and a healthy mood for mom. Like DHA, choline levels are depleted due to baby's nutrient needs within the womb and while breastfeeding, so it's important for moms to replenish their levels.*

Phospholipids enhance the absorption of fat-soluble nutrients, like omega-3s, and have the ability to cross the blood-brain barrier – providing even more brain and mood health benefits. Naturally-occurring specialized pro-resolving mediators (SPMs) and pro-resolving mediators (PRMs) support a normal, balanced inflammatory response and promote brain and vision development in babies, and heart, brain, vision, and mood health in moms.*

Mom's DHA + Choline is sustainably sourced from a Norwegian wild-catch fishery and is tested by an FDA-registered laboratory for freshness, potency, and purity.

1 Soft Gel Provides	
Cholesterol	20 mg
Choline	13 mg
Total Omega-3 Fatty Acids	215 mg
EPA (<i>Eicosapentaenoic Acid</i>)	40 mg
DHA (<i>Docosahexaenoic Acid</i>)	150 mg
Total Phospholipids	140 mg
Phosphatidyl Choline	110 mg

1591-11a



Size	Code
60 Soft Gels	1591

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