



2023 CFL INVITATIONAL COMBINE MEDIA SCHEDULE

FRIDAY MARCH 3RD

Location: Feridun Hamdullahpur Field House (Waterloo, ON)

Order of testing: DB's, WR's, LB's, QB's, RB's, DL, OL

- 8:00 AM Height & Weight, Hand, Arm & Wingspan Measurements, Video Shot,
 Vertical Jump & Bench Press
- 11:30 AM 40's, Short Shuttle, 3 Cone Drill, Broad Jump
- 2:00 PM OL/DL Drills & one on one's
- 3:00 PM QB, RB/LB Drills & one on one's (Pass Protection & Routes)
- 4:00 PM WR/DB Drills & one on one's
- 5:00 PM Long Snappers workout
- 5:30 PM Announcement of Players invited to National Combine
- 5:35 PM Media Availability with players

