

**MEDIA SCHEDULE**  
**105<sup>th</sup> GREY CUP PRESENTED BY SHAW**



All times subject to change.

**FRIDAY, NOVEMBER 24**

**PLEASE NOTE**

- Quarterbacks of both teams are excused from media availability today.

**8:30 a.m. – 9:15 a.m.**

**CFL Commissioner’s State of the League Media Address**  
 Shaw Centre – Ottawa Salon

CFL Commissioner Randy Ambrosie discusses the State of the League with national and international media. A question & answer period will follow opening remarks.

Continental breakfast served.

Media looking to work following the completion of the press conference can go to Room 210 where a work space will be provided.

**10:30 a.m.**

**Media Shuttle Bus**  
 Shaw Centre to TD Place

**11 a.m. – 12:30 p.m.**

**East Division Champions Practice**

	<p>TD Place</p> <p>Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</p> <p>Still cameras (including phones) are prohibited from capturing group shots that show formations.</p> <p>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</p> <p>Lunch will be served at University of Ottawa.</p>
<b>10:30 a.m. – 11:30 p.m.</b>	<p><b>Fan State of the League with Commissioner Ambrosie</b> Shaw Centre – Ottawa Salon</p> <p>CFL Commissioner Randy Ambrosie will provide an update to hundreds of fans in a town hall-style event. Commissioner Ambrosie will also answer questions from fans and the Grey Cup trophy will be in attendance.</p>
<b>11:45 p.m.</b>	<p><b>Media Shuttle Bus</b> Novotel Ottawa to TD Place</p>
<b>12:30 p.m. – 1 p.m.</b>	<p><b>East Division Champions Player Media Availability</b> On the field – TD Place</p>
<b>1 p.m. – 1:15 p.m.</b>	<p><b>East Division Champions Head Coach Media Availability</b> Media conference room - TD Place</p>
<b>1:15 p.m.</b>	<p><b>Media Shuttle Bus</b> TD Place to Gee-Gees Field</p>
<b>1:45 p.m.</b>	<p><b>West Division Champions Head Coach Media Availability</b> Media conference room – Gee-Gees Field</p>
<b>2 p.m.</b>	<p><b>Media Shuttle Bus</b> Gee-Gees Field to Novotel Ottawa</p>
<b>2 p.m. – 4 p.m.</b>	<p><b>West Division Champions Practice</b> Gee-Gees Field 200, Lees Avenue, Ottawa ON, K1S 5S9</p> <p>Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</p>

	<p>Still cameras (including phones) are prohibited from capturing group shots that show formations.</p> <p>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</p>
<b>3:15 p.m.</b>	<p><b>Media Shuttle Bus</b> Novotel Ottawa to Gee-Gees Field</p>
<b>4 p.m. – 4:30 p.m.</b>	<p><b>West Division Champions Player Media Availability</b> On the field – Gee-Gees Field</p>
<b>5 p.m.</b>	<p><b>Media Shuttle Bus</b> Gee-Gees Field/TD Place to Novotel Hotel</p>
<b>SATURDAY, NOVEMBER 25</b>	
<b>PLEASE NOTE</b>	<ul style="list-style-type: none"> <li>• Players and the Head Coach will be made available to the media after the walkthrough.</li> <li>• <u>Walkthrough practices may finish early without notice. Media are recommended to arrive for the start of the walkthrough.</u></li> </ul>
<b>9:30 a.m.</b>	<p><b>Media Shuttle Bus</b> Novotel Ottawa to TD Place</p>
<b>10:30 a.m. – 11:30 a.m.</b>	<p><b>West Division Champions Practice</b> TD Place</p> <p>Open practice to media. Press box, media conference room and photographers' room are open and can be used to work until 4:30 p.m.</p> <p>Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</p> <p>Still cameras (including phones) are prohibited from capturing group shots that show formations.</p> <p>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</p> <p>All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without the permission of the CFL.</p> <p>Light snack will be served.</p>

<b>10:30 a.m.</b>	<b>Media Shuttle Bus</b> Novotel Ottawa to TD Place
<b>11:30 a.m. – 12:00 a.m.</b>	<b>West Division Champions Player Media Availability</b> On the field – TD Place
<b>11:30 a.m.</b>	<b>Media Shuttle Bus</b> Novotel Ottawa to TD Place
<b>12 p.m. – 12:15 a.m.</b>	<b>West Division Champions Head Coach Media Availability</b> Media conference room – TD Place
<b>12:30 p.m.</b>	<b>Media Shuttle Bus</b> TD Place to Novotel Ottawa
<b>1:00 p.m. – 1:15 p.m.</b>	<p><b>East Division Champions Practice</b> TD Place</p> <p>Open practice to media. Press box, media conference room and photographers' room are open and can be used to work until 4:30 p.m.</p> <p>Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</p> <p>Still cameras (including phones) are prohibited from capturing group shots that show formations.</p> <p>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</p> <p>All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without the permission of the CFL.</p> <p>Lunch will be served.</p>
<b>1:30 p.m.</b>	<b>Media Shuttle Bus</b> TD Place to Novotel Ottawa
<b>1:15 p.m. – 1:45 p.m.</b>	<b>East Division Champions Player Media Availability</b> On the field – TD Place
<b>1:45 p.m. – 2:00 p.m.</b>	<b>East Division Champions Head Coach Media Availability</b> Media conference room – TD Place
<b>2:30 p.m.</b>	<b>Media Shuttle Buses</b>

3:30 p.m. 4:30 p.m.	TD Place to Novotel Ottawa
<b>SUNDAY, NOVEMBER 26</b>	
9:00 a.m.	<b>Football Reporters of Canada Hall of Fame Induction Brunch</b> Novotel Ottawa  The FRC's Annual General Meeting will follow the brunch.
2:30 p.m. 3:30 p.m. 4:30 p.m.	<b>Media Shuttle Bus</b> Novotel Ottawa to TD Place
3 p.m.	<b>Press Box Open to Media</b> TD Place
4 p.m.	<b>Gates Open to Public</b> TD Place  Pre-game meal will be served at 5 p.m. ET in the press box. A snack will also be served at halftime.
6 p.m.	<b>105<sup>th</sup> Grey Cup Championship Game presented by Shaw</b> TD Place
10:30 p.m. 11:30 p.m. 12:30 a.m. 1:15 a.m.	<b>Media Shuttle Bus</b> TD Place to Novotel Ottawa