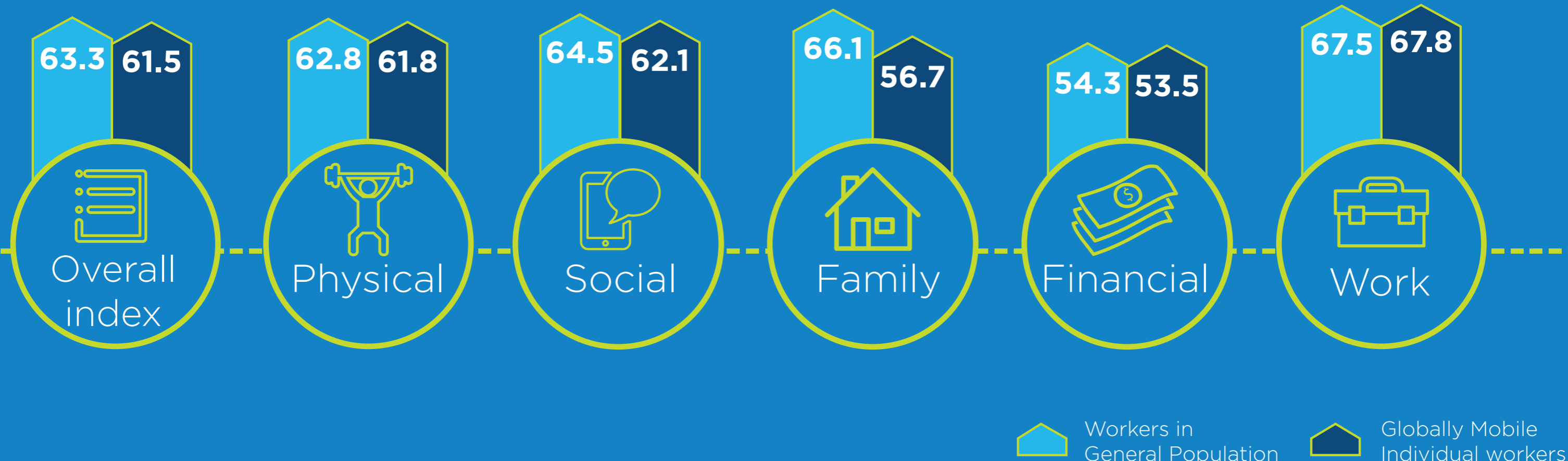


# Live Well, Home and Away

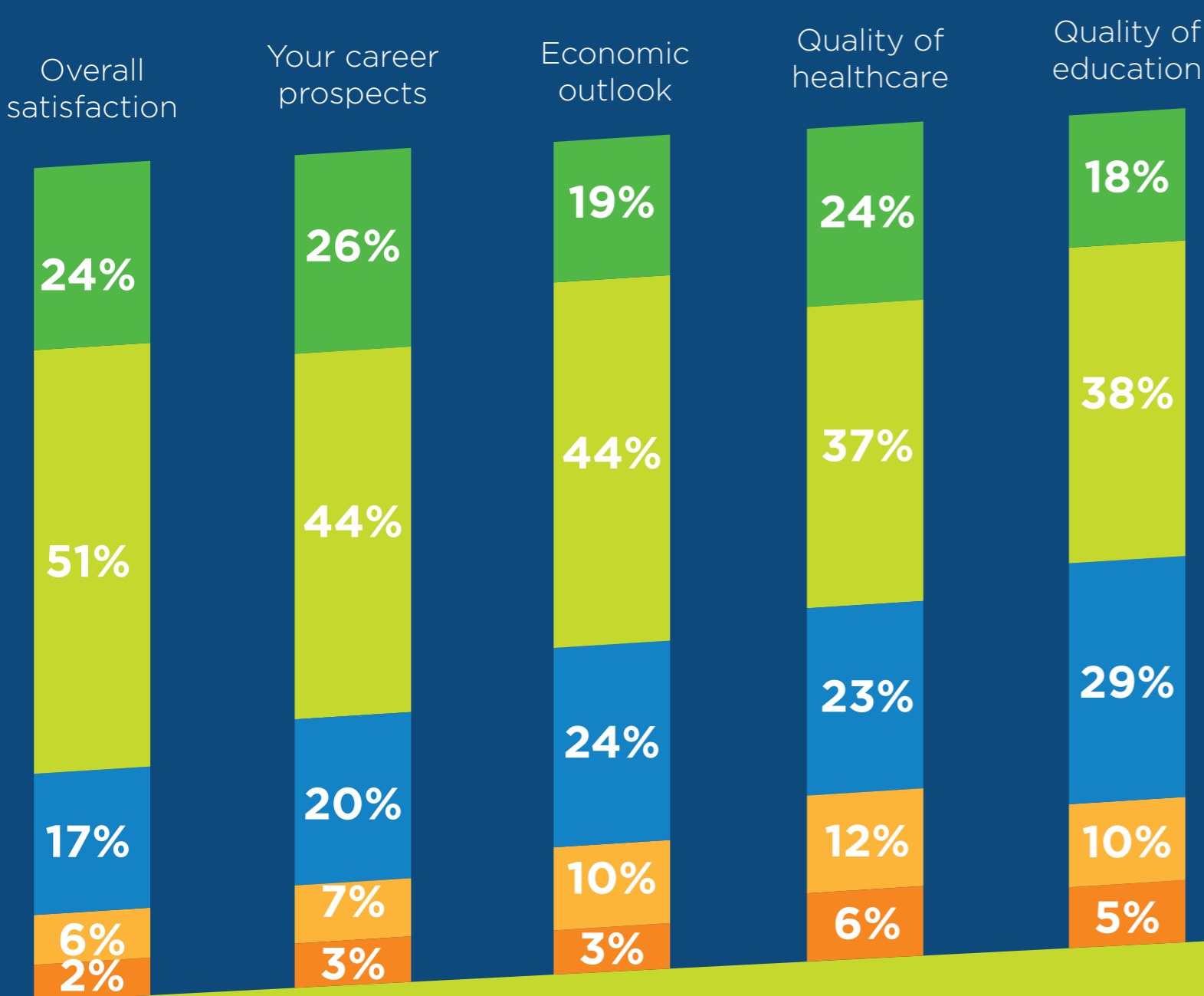
Financial health perception scores lowest amongst all components of Health & Wellness

Globally Mobile Individuals often perceive themselves to be worse off than the general population in terms of health and well-being



## Globally Mobile Individuals

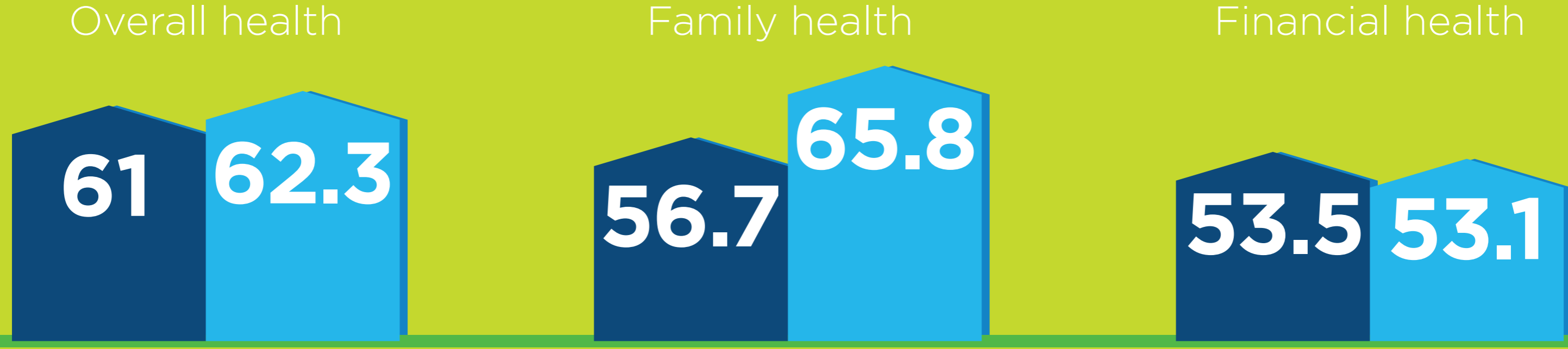
Most overseas transfers are now self-initiated, with individuals actively seeking a new assignment overseas from existing or new employers, or moving overseas before finding a job.



## Globally Mobile Individuals are satisfied with life in their host country

- Completely Satisfied (7-8)
- Satisfied (7-8)
- Neither (5-6)
- Dissatisfied (3-4)
- Completely dissatisfied (1-2)

## Contrasts between satisfaction in Globally Mobile Individuals Vs General Populations



## The Bright Side of Being Globally Mobile

They are wealthy

US **\$243,000**  
median wealth

They have better career prospects

**70%**  
enjoy better career opportunities since working overseas

They enjoy their experience

**75%**  
are satisfied with the life they have in their current country

## And the Darker Aspects

At macro level

**31%**  
Nearly a third feel less safe and secure than before

At company level

**19%**  
of Globally Mobile Individuals have a MAJOR ISSUE with lack of job security

At personal level

**24%**  
of Globally Mobile Individuals who are single or living alone have major issue with loneliness

## Dealing with Illness

EVERY Globally Mobile Individual worries about at least one illness

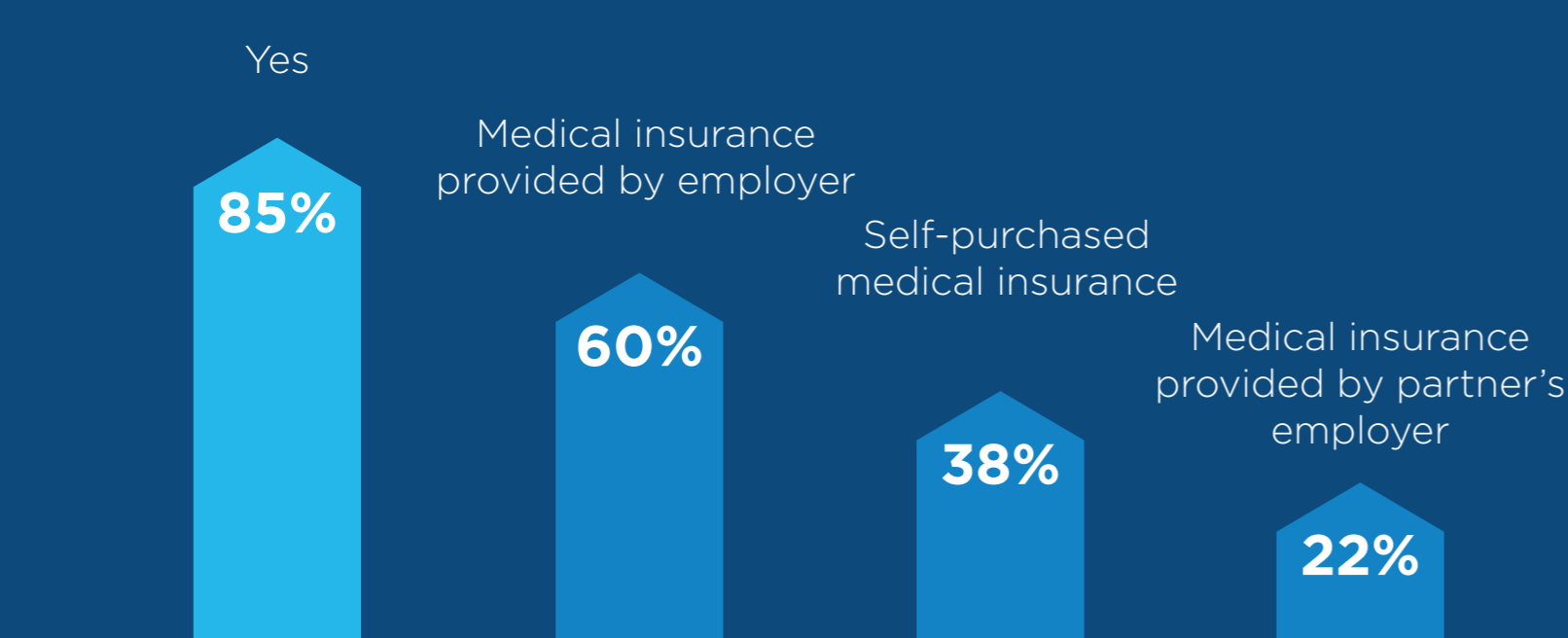
**100%**

Have major concerns about how they may be affected by illness

## Preferences for Medical Treatment in their Home Country

**51%**  
Home country

**49%**  
Country of work



40% of Globally Mobile Individuals are **not covered** by group insurance

## Consequences for Globally Mobile Individuals

**62%**  
are not happy with their work compensation and benefits. **58%** are not satisfied with their salary package.

**76%**  
say they cannot take care of their children's financial needs, education, health and well-being.

## 2017 Cigna 360° Well-being Survey - Globally Mobile Individuals

The Cigna 360° Well-Being Score reflects how individual consumers feel about their personal health and well-being. It is a pulse index that measures people's perception of their overall well-being.

**Sample Size**  
2,003 Globally Mobile Individuals (GMI) surveyed in Abu Dhabi, Australia, Bahrain, Benelux, China, Dubai, France, Germany, Hong Kong, India, Indonesia, Kuwait, Oman, Saudi Arabia, Singapore, South Africa, Switzerland, UK, USA

**Respondent Criteria**  
25-59 years old  
Currently working in respective markets outside birth places

**Data Collection**  
Online survey conducted in January 2017

Together, all the way.™

