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Kim Williams asks, should we too be restless? *What Keeps Me Awake* returns to ABC RN

ABC RN presents **Kim Williams** in his thought-provoking series, [What Keeps Me Awake](#). Returning for a second season after first launching in 2016, the program allows guests to test their concerns in lively and thoughtful conversation - what keeps them awake at night? Does Kim agree, and should we too be restless? Hear from a range of Australian and international guests including film maker **Rachel Perkins**, writer **Anna Funder**, journalist **Laura Tingle** and theatre director **Kip Williams**.

Each week delivers engaging and stimulating conversations with Kim and his guests that cover a range of topics including education and merit, leadership and democracy, bioethics and personal choice, gender and race, inequality and prosperity, environment and climate and more.

Other guests appearing on *What Keeps Me Awake* include social campaigner **Tanya Hosch**, former US politician **Eric Cantor**, COO of Instagram **Marne Levine**, conductor **Richard Gill**, creative director **Neil Armfield**, winemaker **Brian Croser** and CEO of The New York Times Company **Mark Thompson**.

Deborah Leavitt, Manager RN said, "We are delighted with this new season of *What Keeps Me Awake*. This series cements RN's identity as the Ideas Network - a place the audience come to in order to engage deeply with a broad range of ideas that matter most to Australians."

Kim Williams said, "In *What Keeps Me Awake*, I aim to discover positive responses to those issues which matter so much to my guests that they metaphorically or actually, can't sleep. I hope you will join me regularly whether by broadcast or podcast for a program of friendly discourse built on reflection and engagement – worthy of staying awake!"

[Kim Williams](#) (AM) is an Australian media executive and composer. He first appeared as a guest presenter on *What Keeps Me Awake* in 2016. He has had a long involvement in the arts, entertainment and media industries here and overseas and has held various executive leadership positions since the late 1970s including as Chief Executive at each of News Corp Australia, FOXTEL, Fox Studios Australia, the Australian Film Commission, Southern Star Entertainment and Music Viva Australia and also as a senior executive at the ABC.

What Keeps Me Awake airs on ABC RN on Friday at 1:30pm and Sunday at 1:30pm, or download anytime. Subscribe via the ABC Radio app, your favourite podcast app, or [Apple Podcasts](#).

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For more information:

Please contact Wendy McKillop – mckillop.wendy@abc.net.au or 0412 211 011