



MEDIA SCHEDULE

Some event and transportation details are still TBC;

All times are local and subject to change

PRACTICE LOCATIONS

Teams have the option to practice indoors or outdoors on Tuesday, Thursday and Friday. Each morning, the CFL Communications team will notify media where each team will practice.

Indoor practices will take place at [United Soccer Centre](#).

Outdoor practices will take place at [Tim Hortons Field](#).

Walkthroughs on Saturday will take place at Tim Hortons Field.

IMPORTANT REMINDERS

ALL media members who do not abide by the CFL's media policy may be asked to leave the venue and their media credentials may be revoked.

Due to security risks, credentials **MUST NOT** be displayed online by any means.



MONDAY, NOVEMBER 13

GREY CUP ARRIVAL

[Pier 8](#) and [HMCS Star Naval Reserve Division](#)

11:15 a.m.
(approx.)

The Grey Cup will travel onboard His Majesty's Canadian Ship (HMCS) Harry DeWolf and arrive at Pier 8 before making its way to HMCS Star Naval Reserve Division.

Commander Guillaume Côté of the Royal Canadian Navy & Commander of HMCS Harry DeWolf, CFL Commissioner Randy Ambrosie, Hamilton Sports Group Caretaker Bob Young, City of Hamilton Mayor Andrea Horwath and additional distinguished guests will officially welcome the Grey Cup to Hamilton. There will be opportunities for photos and video capture.

Media wishing to capture the event MUST be in position, set up and ready to shoot by no later 20-minutes prior to the event commencing. Latecomers may be denied a shooting spot.

Media must RSVP to Guillaume Tremblay-St-Gelais, Senior Manager, Communications & Public Affairs, at gtremblay@cfl.ca to confirm attendance.

COMPETING TEAM ARRIVALS

[Canadian Heritage Warplane Museum](#)

Montreal: 4:20 p.m.
Winnipeg: 6:30 p.m.

Select players from the two competing teams and head coaches will be made available to the media for the first time in Hamilton.

A limited number of cameras will be permitted to shoot from the tarmac.

Media must RSVP to Guillaume Tremblay-St-Gelais, Senior Manager, Communications & Public Affairs, at gtremblay@cfl.ca to confirm attendance and to request access to the tarmac.



DAILY NOTES

- Head Coaches are excused from media availability AFTER the Head Coaches' Conference.
- **Teams have the option to practice.** If they choose to do so, the CFL Communications team will notify media members in the morning.
- If practice is held, teams may finish early without notice.

MEDIA SHUTTLE BUS

7:30 a.m. Courtyard Hamilton to Hamilton Convention Centre

GREY CUP HEAD COACHES' MEDIA CONFERENCE

[Hamilton Convention Centre](#)

Webster Room B & C – 3rd Floor

8 – 8:45 a.m. The head coaches from the two competing teams will address the media simultaneously. This will be their only media availability of the day.

A continental breakfast will be served in Webster Lounge beginning at 7:30 a.m.

CFL COMMISSIONER'S STATE OF THE LEAGUE MEDIA ADDRESS

[Hamilton Convention Centre](#)

Webster Room B & C – 3rd Floor

9:15 – 10:15 a.m. CFL Commissioner Randy Ambrosie will discuss the state of the league with national media. A question-and-answer period will follow opening remarks.

MEDIA SHUTTLE BUS (upon request)

10:30 a.m. Hamilton Convention Centre to Tim Hortons Field

EAST DIVISION CHAMPIONS – PRACTICE

[Tim Hortons Field](#)

10:30 a.m. – 12:30 p.m. **Practice is optional, but media availabilities are mandatory.**
(approx.)

Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Lunch will be served for media in attendance.

Attending media must enter through Gate 1A. Parking is limited.

CFLPA STATE OF THE UNION

[Hamilton Convention Centre](#)

Webster Room B & C – 3rd Floor

11 a.m. – 12 p.m.

The CFLPA State of the Union will feature CFLPA Executive Director Brian Ramsay and CFLPA President Solomon Elimimian, as they officially address the current state and future directions of the players' association heading into the off season. A question-and-answer period will follow opening remarks.

EAST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

12:30 – 1 p.m.

Whether or not the team decides to practice, select players will still be made available to the media.

MEDIA SHUTTLE BUS

1:45 p.m.

Courtyard Hamilton to Tim Hortons Field

2:15 p.m.

Tim Hortons Field to Courtyard Hamilton

GREY CUP STADIUM TOUR

[Tim Hortons Field](#)

2 – 3 p.m.

The Hamilton Tiger-Cats and Grey Cup Festival will tour media around Tim Hortons Field, showing off the enhancements for the 110th Grey Cup and sampling some of the great menu additions for the big game. Media are asked to enter Tim Hortons Field by Gate 3.

WEST DIVISION CHAMPIONS – PRACTICE

[Tim Hortons Field](#)

2:30 – 4:30 p.m.

(approx.)

Practice is optional, but media availabilities are mandatory.

Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Attending media must enter through Gate 1A. Parking is limited.

EAST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

4:30 – 5 p.m.

Whether or not the team decides to practice, select players will still be made available to the media.

MEDIA SHUTTLE BUS

5:15 p.m.

Tim Hortons Field to Courtyard Hamilton



MEDIA SHUTTLE BUS

8:30 a.m. Courtyard Hamilton to Hamilton Convention Centre

WEST DIVISION CHAMPIONS – MEDIA DAY

[Hamilton Convention Centre](#)

Chedoke Room A – 3rd Floor

10 – 11:30 a.m. 24 players and coaches from the West Division Champions will be available for interviews. The Grey Cup Trophy will be present.

Players and coaches will be stationed in individual booths.

Media are welcome to make use of Webster Lounge as a work area. This space will be available until the conclusion of the East Division Champions' media day session

Breakfast will be served from 8:30 – 9:30 a.m.

MEDIA SHUTTLE BUS

11 a.m. Courtyard Hamilton to Hamilton Convention Centre

MEDIA LUNCH

Webster Lounge – 3rd Floor

12 p.m. Lunch will be served between the two media day sessions

MEDIA SHUTTLE BUS

1 p.m. Courtyard Hamilton to Hamilton Convention Centre

EAST DIVISION CHAMPIONS – MEDIA DAY

[Hamilton Convention Centre](#)

Chedoke Room A – 3rd Floor

1:30 – 3 p.m. 24 players and coaches from the East Division Champions will be available for interviews. The Grey Cup Trophy will be present.

Players and coaches will be stationed in individual booths.

Media are welcome to make use of Webster Lounge as a work area. This space will be available until the conclusion of the East Division Champions' media day session.

MEDIA SHUTTLE BUS

3:30 p.m.

Hamilton Convention Centre to Courtyard Hamilton

CFL AWARDS NOMINEES AVAILABILITY

[Holiday Inn Burlington Conference Centre](#)

Pearson Room – Main Floor

6 p.m.

The East & West Most Outstanding Players for the 2023 season will be available for media interviews. NOTE: This will not include any players that are on the teams participating in the Grey Cup.

GREY CUP MEDIA KICK-OFF

[The Hamilton Club](#)

7 – 11 p.m.

TSN's Dave Naylor and the Ticats Audio Network invite accredited media to celebrate Grey Cup Week. Appetizers and cocktails to be served. Media members MUST RSVP to attend.



DAILY NOTES

- Teams may finish practice early without notice. Media are recommended to arrive for the start of practice.
- The quarterbacks of both teams are excused from tomorrow’s media availabilities.

MEDIA SHUTTLE BUS

8:30 a.m. Courtyard Hamilton to Tim Hortons Field

WEST DIVISION CHAMPIONS – PRACTICE

[Tim Hortons Field](#)

9:30 – 11:30 a.m.

Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Lunch will be served for media in attendance.

Attending media must enter through Gate 1A. Parking is limited.

MEDIA SHUTTLE BUS

11 a.m. Courtyard Hamilton to Tim Hortons Field

WEST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

11:30 a.m. – 12 p.m. On the field. Select players will be made available to the media in Green Room 1.

WEST DIVISION CHAMPIONS – HEAD COACH AVAILABILITY

Green Room 1 – 1st Floor

12 – 12:15 p.m. Head coach will address the media.

MEDIA SHUTTLE BUS

12:30 p.m. Courtyard Hamilton to Tim Hortons Field

1 p.m. Tim Hortons Field to Courtyard Hamilton

EAST DIVISION CHAMPIONS – PRACTICE

[Tim Hortons Field](#)

1 – 3 p.m.

Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Attending media must enter through Gate 1A. Parking is limited.

EAST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

3 – 3:30 p.m.

On the field. Select players will be made available to the media in Green Room 1.

EAST DIVISION CHAMPIONS – HEAD COACH AVAILABILITY

Green Room 1 – 1st Floor

3:30 – 3:45 p.m.

Head coach will address the media.

MEDIA SHUTTLE BUS

4 p.m.

Tim Hortons Field to Courtyard Hamilton

4:45 p.m.

Courtyard Hamilton to Fallsview Casino & Resort

CFL AWARDS – MEDIA LOCKDOWN ROOM OPENS

[Fallsview Casino & Resort](#)

R5 Pato & Bar

5 p.m.

Media will be provided with the evening's results under embargo. Media will be strictly prohibited from publicizing any information until after each award has been presented.

Parking passes are available by request through CFL Communications.

After each award presentation, the winner will be made available to the media.

Dinner will be served at 6 p.m.

CFL AWARDS

[Fallsview Casino & Resort](#)

Avalon Theatre

6:30 – 8 p.m.

The night will recognize the top individual performances and achievements from the season by awarding:

- Most Outstanding Player
- Most Outstanding Defensive Player
- Most Outstanding Canadian
- Most Outstanding Offensive Lineman
- Most Outstanding Special Teams Player
- Most Outstanding Rookie
- Coach of the Year
- Commissioner's Award
- Hugh Campbell Distinguished Leadership Award
- Jake Gaudaur Veterans' Award
- Tom Pate Award
- Jane Mawby Tribute Award

MEDIA SHUTTLE BUS

8:45 p.m.

Fallsview Casino & Resort to Courtyard Hamilton



DAILY NOTES

- The quarterbacks of both teams are excused for today's media availability
- Practices may finish early without notice. Media are recommended to arrive for the start of practice.
- Media members must leave the stadium by no later than 5 p.m.

MEDIA SHUTTLE BUS

9:15 a.m. Courtyard Hamilton to Tim Hortons Field

STATE OF THE LEAGUE WITH COMMISSIONER AMBROSIE (FAN EVENT)

[FirstOntario Concert Hall](#)

10 – 11 a.m. CFL Commissioner Randy Ambrosie will provide an update to hundreds of fans in a town hall-style event before taking questions. The Grey Cup Trophy will be in attendance.

EAST DIVISION CHAMPIONS – PRACTICE

[Tim Hortons Field](#)

9:30 – 11:30 a.m.

Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Lunch will be served for media in attendance.

Attending media must enter through Gate 1A. Parking is limited.

MEDIA SHUTTLE BUS

11 a.m. Courtyard Hamilton to Tim Hortons Field

EAST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

11:30 a.m. – 12 p.m. On the field. Select players will be made available to the media in Green Room 1.

EAST DIVISION CHAMPIONS – HEAD COACH AVAILABILITY

Green Room 1 – 1st Floor

12 – 12:15 p.m. Head coach will address the media.

MEDIA SHUTTLE BUS

1:45 p.m. Tim Hortons Field to Courtyard Hamilton

WEST DIVISION CHAMPIONS – PRACTICE

[Tim Hortons Field](#)

1 – 3 p.m. Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Attending media must enter through Gate 1A. Parking is limited.

WEST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

3 – 3:30 p.m. On the field. Select players will be made available to the media in Green Room 1.

WEST DIVISION CHAMPIONS – HEAD COACH AVAILABILITY

Green Room 1 – 1st Floor

3:30 – 3:45 p.m. Head coach will address the media.

Note: all media members must exit Tim Hortons Field by 5 p.m.

MEDIA SHUTTLE BUS

4:15 p.m. Tim Hortons Field to Courtyard Hamilton

**DAILY NOTES**

- Walkthrough practices may finish early without notice. Media are recommended to arrive for the start of walkthrough.
- Media members must leave the stadium by no later than 4:30 p.m.

MEDIA SHUTTLE BUS

9:30 a.m. Courtyard Hamilton to Tim Hortons Field

WEST DIVISION CHAMPIONS – WALKTHROUGH

[Tim Hortons Field](#)

10:30 – 11:30 a.m.

Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Attending media must enter through Gate 1A. Parking is limited.

The press box, media conference room and photographers' room are available for use until 4:30 p.m.

MEDIA SHUTTLE BUS

11:30 a.m. Courtyard Hamilton to Tim Hortons Field

WEST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

11:30 – 12 p.m. On the field. Select players will be made available to the media in Green Room 1.

WEST DIVISION CHAMPIONS – HEAD COACH AVAILABILITY

Green Room 1 – 1st Floor

12 – 12:15 p.m. Head coach will address the media

MEDIA SHUTTLE BUS

1 p.m. Tim Hortons Field to Courtyard Hamilton

EAST DIVISION CHAMPIONS – WALKTHROUGH

[Tim Hortons Field](#)

12:30 – 1:30 p.m.

Open practice to media. Teams will notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission. All cameras must shoot from the sideline(s) designated by the CFL (not from end zones).

Still cameras (including phones) are prohibited from capturing group shots that show formations.

All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without permission.

Lunch will be served for media in attendance.

Attending media must enter through Gate 1A. Parking is limited.

The press box, media conference room and photographers' room are available for use until 4:30 p.m.

MEDIA SHUTTLE BUS

2 p.m.

Tim Hortons Field to Courtyard Hamilton

EAST DIVISION CHAMPIONS – PLAYER AVAILABILITY

On-field and Green Room 1 – 1st Floor

1:30 – 2 p.m.

On the field. Select players will be made available to the media in Green Room 1.

EAST DIVISION CHAMPIONS – HEAD COACH AVAILABILITY

Green Room 1 – 1st Floor

2 – 2:15 p.m.

Head coach will address the media

MEDIA SHUTTLE BUS

3 p.m.

Tim Hortons Field to Courtyard Hamilton

4:30 p.m.



SUNDAY, NOVEMBER 19

FOOTBALL REPORTERS OF CANADA HALL OF FAME INDUCTION BRUNCH

[Courtyard Hamilton](#)

Lancaster Ballroom

9 a.m. FRC brunch followed by an induction ceremony.

MEDIA SHUTTLE BUS

1 p.m. Courtyard Hamilton to Tim Hortons Field

2 p.m.

3 p.m.

PRESS BOX OPENS TO MEDIA

[Tim Hortons Field](#)

2 p.m. A pre-game meal will be served beginning at 4 p.m.

EAST DIVISION CHAMPIONS – HEAD COACH PRE-GAME AVAILABILITY

Green Room 1 – 1st Floor

4 p.m. Head coach to address the media.

WEST DIVISION CHAMPIONS – HEAD COACH PRE-GAME AVAILABILITY

Green Room 1 – 1st Floor

4:15 p.m. Head coach to address the media.

NON-RIGHTS HOLDERS' IN-BOWL STAND-UPS

4:30 – 4:55 p.m. A group departure from the Media Conference Room (Green Room 1) will take place shortly after the West Division Head Coach pre-game media availability.

All non-rights holders must be escorted at field level by representatives from the CFL Communications team.

110TH GREY CUP CHAMPIONSHIP

6 p.m. A snack will be served at halftime.

MEDIA SHUTTLE BUS

10:30 p.m. Tim Hortons Field to Hamilton Courtyard.

11:30 p.m.

12:30 p.m.