MEDIA SCHEDULE 105 <sup>th</sup> GREY CUP PRESENTED BY SHAW	
All times subject to chang Practice Locations	
Teams have the option to	practice indoors or outdoors. If they choose to practice indoors it will <b>interview of the set set set set set set set set set se</b>
	TUESDAY, NOVEMBER 21
3:15 p.m. – 6:55 p.m.	Competing Teams Arrivals <u>Skyservice Ottawa</u> <u>350 Comet Private</u> <u>Ottawa, ON K1V 9B4</u>
	Select players from the two competing teams and head coaches will be made available to the media for the first time in Ottawa. A limited number of cameras will be permitted to be on the tarmac. Please RSVP to Lucas Barrett (lbarrett@cfl.ca) to confirm attendance and to request access to the tarmac.
	The Calgary Stampeders will arrive at approximately 3:15 p.m. and the Toronto Argonauts will arrive at approximately 6:55 p.m.
	Media shuttles will depart the Novotel at 2:20 p.m. and 6:05 p.m., returning at 4 p.m. and 7:40 p.m.

10:00 a.m. – 4:00 p.m. 12:30 p.m.	CFL-NFL Flag Championships Gee-Gees Field The nine flag football teams representing each CFL market will play in the championship tournament. The winner will play in the NFL FLAG Tournament in Orlando, Florida during Pro Bowl weekend. Grey Cup Trophy Arrival Parliament Hill (12:30 p.m.), Rideau Hall (3:00 p.m.) The CFL Commissioner and city dignitaries will officially welcome the Grey Cup trophy to the City of Ottawa to kick off the Grey Cup Festival presented by Shaw.
	WEDNESDAY, NOVEMBER 22
8:30 a.m. – 9:30 a.m.	Grey Cup Head Coaches Media Conference Shaw Centre – Ottawa Salon The head coaches from the two competing teams will address the media simultaneously. This will be their only media availability on this day. A question & answer period will follow opening remarks. Continental breakfast served.
9:55 a.m.	Media Shuttle Bus
	Shaw Centre to Gee-Gees Field/TD Place
10:30 a.m. – 12:30 p.m.	East Division Champions Practice         Gee-Gees Field/TD Place         Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.         Still cameras (including phones) are prohibited from capturing group shots that show formations.         All cameras must shoot from the sideline(s) designated by the CFL (no end zones).         Lunch will be served at practice for the media in attendance.
11:45 a.m.	Media Shuttle Bus
	Novotel Ottawa to Gee-Gees Stadium/TD Place
12:30 p.m. – 1:15 p.m.	East Division Champions Player Media Availability On the field – Gee-Gees Field/TD Place

1 p.m.	Media Shuttle Bus
	Novotel to Gee-Gees Field/TD Place
2 p.m.	Media Shuttle Bus
	Gee-Gees Field/TD Place to Novotel Ottawa
2 p.m. – 4 p.m.	West Division Champions Practice
2 p.m 4 p.m.	Gee-Gees Field/TD Place
	Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.
	Still cameras (including phones) are prohibited from capturing group shots that show formations.
	All cameras must shoot from the sideline(s) designated by the CFL (no end zones).
3:15 p.m.	Media Shuttle Bus Novotel Ottawa to Gee-Gees Field/TD Place
4 p.m. – 4:45 p.m.	West Division Champions Player Media Availability
- p.m. – p.m.	On the field - Gee-Gees Field/TD Place
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5 p.m.	Media Shuttle Bus
	Gee-Gees Field/TD Place to Novotel Ottawa
6:30 p.m. – 7 p.m.	Shaw CFL Awards Nominees Media Availability Shaw Centre – Ottawa Salon
	The East & West Most Outstanding Players for the 2017 season will be available for media interviews. <b>NOTE: This <u>will not include</u> any players that are on the teams participating at the Grey Cup.</b>
	THURSDAY, NOVEMBER 23
PLEASE NOTE	Team practices are closed to modia on this day
PLEASE NOTE	<ul> <li>Team practices are closed to media on this day.</li> <li>Quarterbacks of both teams will be excused from tomorrow's media availability.</li> </ul>
	Media shuttle service today is <b>NOT</b> available, considering that all
	events are taking place at the Shaw Centre which is located less then 500 metres away from the official media hotel.
9:30 a.m. – 11 a.m.	Media Day - East Division Champions Shaw Centre – Ottawa Salon

	Media are invited to attend a buffet breakfast from 7:45 a.m. to 9 a.m. Following breakfast, players and coaches from the East Division Champions will be available for interviews. The Grey Cup Trophy will be present. Media who would like a booth in the room can contact Lucas Barrett ( <u>lbarrett@cfl.ca</u> ). Booths are limited and must be reserved in advance.
	Media can stay in the room or visit <u>Room 210</u> where a work space will be provided. Lunch will be served in <u>Room 210</u> at 12:30 p.m.
10:30 a.m. – 12:30 p.m.	West Division Champions Closed Practice Gee-Gees Field 200 Lees Avenue, Ottawa ON, K1S 5S9
	Media Lunch
12:30 p.m.	Shaw Centre – Second Floor Room 210
	Between East Media Day and West Media Day sessions, lunch will be served to the media and a work space will be provided.
3 p.m. – 4:30 p.m.	Media Day - West Division Champions
	Shaw Centre – Ottawa Salon Media will have access to players and coaches from the West Division Champions. Players and coaches will be available for interviews and the Grey Cup Trophy will be present. Media who would like a booth in the room can contact Lucas Barrett ( <u>Ibarrett@cfl.ca</u> ). Booths are limited and must be reserved in
	advance. Media looking to work following the completion of media day can go to <u>Room 210</u> where a work space will be provided. Note that Shaw Centre staff will be converting the Ottawa Salon for the Shaw CFL Awards after West Team media day.
2 p.m. – 4 p.m.	East Division Champions Closed Practice Gee-Gees Field 200, Lees Avenue, Ottawa ON, K1S 5S9
6:30 p.m.	<ul> <li>Media lockdown room open for Shaw CFL Awards</li> <li>Shaw Centre – Room 210</li> <li>Doors to the media lockdown room will be opened at 6:30 p.m. At that time, media will be provided with the results under an embargo. Media will be prohibited from publicizing any information until after each award presentation has been announced.</li> </ul>

	After each award, the winning player will be made available to the
	media in a room, located down the hall from the lockdown room.
	A light dinner will be served.
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6 p.m. – 7 p.m.	Shaw CFL Awards Red Carpet Shaw Centre
8:00 p.m. – 9:45 p.m.	Shaw CFL Awards Shaw Centre
	FRIDAY, NOVEMBER 24
PLEASE NOTE	<ul> <li>Quarterbacks of both teams are excused from media availability today.</li> </ul>
8:30 a.m. – 9:15 a.m.	CEL Commissioner's State of the League Media Address
8:30 a.m. – 9:15 a.m.	CFL Commissioner's State of the League Media Address Shaw Centre – Ottawa Salon
	CFL Commissioner Randy Ambrosie discusses the State of the League with national and international media. A question & answer period will follow opening remarks.
	Continental breakfast served.
9:55 a.m.	Media Shuttle Bus
9.55 a.m.	Shaw Centre to Gee-Gees Field/TD Place
10:30 a.m. – 12:30 p.m.	East Division Champions Practice Gee-Gees Field/TD Place
	Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.
	Still cameras (including phones) are prohibited from capturing group shots that show formations.
	All cameras must shoot from the sideline(s) designated by the CFL (no end zones).
	Lunch will be served at practice.
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10:30 a.m. – 11:30 a.m.	Fan State of the League with Commissioner Ambrosie Shaw Centre – Ottawa Salon

	CFL Commissioner Randy Ambrosie will provide an update to hundreds of fans in a town hall-style event. Commissioner Ambrosie will also answer questions from fans and the Grey Cup trophy will be in attendance.
11:45 p.m.	Media Shuttle Bus Novotel Ottawa to Gee-Gees Field/TD Place
12:30 p.m. – 1 p.m.	East Division Champions Player Media Availability On the field – Gee-Gees Field/TD Place
1 p.m. – 1:15 p.m.	East Division Champions Head Coach Media Availability           Media conference room - Gee-Gees Field/TD Place
1:15 p.m.	Media Shuttle Bus Novotel Ottawa to Gee-Gees Field/TD Place
2 p.m.	Media Shuttle Bus           Gee-Gees Field/TD Place to Novotel Ottawa
2 p.m. – 4 p.m.	<ul> <li>West Division Champions Practice Gee-Gees Field or TD Place 200, Lees Avenue, Ottawa ON, K1S 5S9</li> <li>Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</li> <li>Still cameras (including phones) are prohibited from capturing group shots that show formations.</li> <li>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</li> </ul>
3:15 p.m.	Media Shuttle Bus Novotel Ottawa to Gee-Gees Field/TD Place
4 p.m. – 4:30 p.m.	West Division Champions Player Media Availability           On the field – Gee-Gees Field/TD Place
4:30 p.m. – 4:45 p.m.	West Division Champions Head Coach Media Availability           Media conference room – Gee-Gees Field/TD Place
5 p.m.	Media Shuttle Bus Gee-Gees Field/TD Place to Novotel Hotel
	SATURDAY, NOVEMBER 25

PLEASE NOTE	<ul> <li>Players and the Head Coach will be made available to the media after the walkthrough.</li> <li><u>Walkthrough practices may finish early without notice. Media are recommended to arrive for the start of the walkthrough.</u></li> </ul>
9:30 a.m.	Media Shuttle Bus Novotel Ottawa to TD Place
10:30 a.m. – 11:30 a.m.	<ul> <li>West Division Champions Practice TD Place</li> <li>Open practice to media. Press box, media conference room and photographers' room are open and can be used to work until 4:30 p.m.</li> <li>Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</li> <li>Still cameras (including phones) are prohibited from capturing group shots that show formations.</li> <li>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</li> <li>All cameras (including phones) are prohibited from shooting from</li> </ul>
	the press box or any other elevated location without the permission of the CFL. Light snack will be served.
10:30 a.m.	Media Shuttle Bus
	Novotel Ottawa to TD Place
11:30 a.m. – 12:00 a.m.	West Division Champions Player Media Availability On the field – TD Place
11:30 a.m.	Media Shuttle Bus Novotel Ottawa to TD Place
12 p.m. – 12:15 a.m.	West Division Champions Head Coach Media Availability Media conference room – TD Place
12:30 p.m.	Media Shuttle Bus TD Place to Novotel Ottawa
1:00 p.m. – 1:15 p.m.	East Division Champions Practice TD Place

	Open practice to media. Press box, media conference room and photographers' room are open and can be used to work until 4:30 p.m.
	Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.
	Still cameras (including phones) are prohibited from capturing group shots that show formations.
	All cameras must shoot from the sideline(s) designated by the CFL (no end zones).
	All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without the permission of the CFL.
	Lunch will be served.
1:15 p.m. – 1:45 p.m.	East Division Champions Player Media Availability On the field – TD Place
1:45 p.m. – 2:00 p.m.	East Division Champions Head Coach Media Availability Media conference room – TD Place
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2:30 p.m.	Media conference room – TD Place Media Shuttle Buses
2:30 p.m. 3:30 p.m.	Media conference room – TD Place
2:30 p.m.	Media conference room – TD Place Media Shuttle Buses
2:30 p.m. 3:30 p.m.	Media conference room – TD Place  Media Shuttle Buses TD Place to Novotel Ottawa
2:30 p.m. 3:30 p.m.	Media conference room – TD Place Media Shuttle Buses
2:30 p.m. 3:30 p.m. 4:30 p.m.	Media conference room – TD Place  Media Shuttle Buses TD Place to Novotel Ottawa  SUNDAY, NOVEMBER 26
2:30 p.m. 3:30 p.m.	Media conference room – TD Place  Media Shuttle Buses TD Place to Novotel Ottawa
2:30 p.m. 3:30 p.m. 4:30 p.m.	Media conference room – TD Place          Media Shuttle Buses         TD Place to Novotel Ottawa         SUNDAY, NOVEMBER 26         Football Reporters of Canada Hall of Fame Induction Brunch
2:30 p.m. 3:30 p.m. 4:30 p.m.	Media conference room – TD Place  Media Shuttle Buses TD Place to Novotel Ottawa  SUNDAY, NOVEMBER 26  Football Reporters of Canada Hall of Fame Induction Brunch Novotel Ottawa
2:30 p.m. 3:30 p.m. 4:30 p.m. 9:00 a.m.	Media conference room – TD Place         Media Shuttle Buses         TD Place to Novotel Ottawa         SUNDAY, NOVEMBER 26         Football Reporters of Canada Hall of Fame Induction Brunch         Novotel Ottawa         The FRC's Annual General Meeting will follow the brunch.
2:30 p.m. 3:30 p.m. 4:30 p.m. 9:00 a.m. 2:30 p.m.	Media conference room – TD Place          Media Shuttle Buses         TD Place to Novotel Ottawa         SUNDAY, NOVEMBER 26         Football Reporters of Canada Hall of Fame Induction Brunch         Novotel Ottawa         The FRC's Annual General Meeting will follow the brunch.         Media Shuttle Bus
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2:30 p.m. 3:30 p.m. 4:30 p.m. 9:00 a.m. 2:30 p.m. 3:30 p.m. 4:30 p.m.	Media conference room – TD Place         Media Shuttle Buses         TD Place to Novotel Ottawa         SUNDAY, NOVEMBER 26         Football Reporters of Canada Hall of Fame Induction Brunch         Novotel Ottawa         The FRC's Annual General Meeting will follow the brunch.         Media Shuttle Bus         Novotel Ottawa to TD Place         Press Box Open to Media

	Pre-game meal will be served at 5 p.m. ET in the press box. A snack will also be served at halftime.
6 p.m.	105 <sup>th</sup> Grey Cup Championship Game presented by Shaw
-	TD Place
10:30 p.m.	Media Shuttle Bus
11:30 p.m.	TD Place to Novotel Ottawa
12:30 a.m.	
1:15 a.m.	