



ORGANISATION OF EASTERN CARIBBEAN STATES
THE COMMISSION

Agenda

Activity: Launch of key milestones under the WDF Projects and a Knowledge Fair in Observance of Caribbean Wellness Day

Theme: Healthy Aging Starts Now

Venue: Constitution Park

Date & Time: 13th September 2019, 10:00 am

Time	Activity	Person Responsible
10:00 am – 10:15 am	Welcome Remarks	Health Unit
Persons are free to access the various tents or booths, ALL DAY: <ul style="list-style-type: none">- Pharmaceutical Counselling- Physical activity (socacise, Zumba etc)- Dental demonstration- Nutrition / Diet Education- Blood Glucose & Blood Pressure Screening- Health Education (Chronic Disease Self Care Management, Foot Care & Reproductive Health)		
1:00 pm – 2:00 pm	Press Conference Launch of Diabetes Guidelines, Family Base Healthy Lifestyle Intervention Mass Media Campaign	Health Unit & CARPHA
4:15 pm – 4: 30 pm	Wrap up & Thank you	Health Unit
End of Day		