KENSHŌ

BOUTIQUE HOTEL & SUITES

KENSHŌ SPA

LIVE AN AWAKENING EXPERIENCE FOR YOUR SENSES.

Welcome to Kenshō spa

For your mind, body and soul wellness, visit the Kenshō spa, and choose from a variety of facilities, including 2 treatment rooms, hammam, jacuzzi indoor pool, tropical rain bed, hair & beauty salon, gym and outdoor group classes. Following the Kenshō philosophy, live an awakening experience and enter a world of rejuvenation for your senses and mood.

Opening hours: 09:00-21:00

Reservations

For spa enquiries and reservations please contact the spa reception.
It is highly recommended to book your appointment in advance. (tel. 714)

Cancellation Policy

Please note 6 hours cancellation notice is required for all bookings
and services otherwise 50% of the total treatment price will be charged.

Children

The minimum age for receiving spa treatment and use of the spa is 16 years and above.

Arrival

It is advised to arrive 20 minutes prior to your appointment.
Please be aware that in case of late arrival we are unable to extend your treatment time.
Make sure that you leave all your jewellery and valuables in your room safe,
before coming to the spa. There are available lockers in the spa area,
however the spa is not responsible for the loss or
damage of your personal belongings.

*For outside guests, there is a fee of 50 euro entrance in the spa area.
If you wish to book a treatment, the fee is 20 euro for entrance.

Kenshō Rides Therapy | 60min 150€

Erase the lines and the wrinkles of your face with Micro-Dermoxine Complex and
Pro-Collagestine Fill, combined with a special Chinese technique. Exceptional results from the first session.

Express After Sun | 30min 70€

After a long day under the sun, hydrate and heal your skin with this treatment, rich in Aloe Vera.

Owl Eye Treatment | 20min 60€

A treatment specialized for the eye contour.

Erases the fine lines and the dark circles. Combine it with any other facial treatment for spectacular results.

Deep Hydration | 50 min 110€

Hydrating facial treatment for normal, oily or mature skin.

This treatment adjusts on your skin needs especially on the summer and leaves it perfectly nourished.

Orange Force | 50 min 110€

Prepare your skin for sun exposure with Vitamin C and Ume extract.

An ideal anti-ageing treatment for pallid and dull skin, lacking in light and shine.

Pure Oxygen | 50min 130€

A wonderful, innovative facial treatment with Cytokines and Oxygen.

It protects the skin from the first signs of ageing and leaves it smooth and luminous.

Global Anti-Age ON | 60min 150€

A powerful anti-ageing treatment with Nobel prized ingredients

that work like a true switch that turns "ON" the genes turned off by certain epigenetic factors.

Deep Cleansing | 90min 140€

Deep Cleansing suitable for all skin types.

Excess sebum is removed and the skin is deeply hydrated and treated depending on your skin needs.

Men's Power | 50min 110€

An exceptional treatment designed especially for you gentlemen.

Eliminate the toxins of your skin and restore the energy and vitality it needs with pure Vitamin C.

EXFOLIATIONS

The Taste of the Sea | 30min 60€

Free your skin from dead cells by means of a delicious massage
with a marine scrub and leave it extremely smooth and deeply hydrated.

Mediterranean Experience | 30min 60€

This exfoliation ritual combines Mediterranean inspired ingredients including olive stones,
grape seeds and Moroccan Argan oil to remove dead skin cells and fight against free radicals that can cause premature ageing.

A Pre-Sun Must | 30min 60€

A great gentle exfoliation, rich in Vitamin C and Beeswax.
The polishing micro-particles of orange peel, refines and smoothes the skin making it more receptive to the sun.

Chocoholics | 40min 70€

A rich luxurious scrub that is bound to appeal to all chocoholics.
A gentle exfoliation with real chocolate, rich in powerful antioxidants, is also used as nourishing body mask.
A wonderfully effective treatment to enjoy chocolate without having to count the calories.

WRAPS

Golden Kenshō | 30min 80€

A luxurious mask with yellow seaweed revitalizes and rejuvenates the skin leaving it with a golden shiny appearance.

An After Sun Pleasure | 30min 60€

Perfect for skin in need of hydration / sun damaged or sun burnt skin.
Aloe Vera and Mint water are combined to create a creamy, luxurious and hydrating cocoon designed to leave the skin fresh.

Detox Wrap | 30min 60€

Purify your skin and at the same time replenish all the basic elements lost by the daily stressful activity,
with this marine wrap full of minerals and trace elements from the depths of the sea of Brittany.

Vitamin C+ Wrap | 30min 60€

An energizing body treatment with Vitamin C, Ume extract and collagen.
This body treatment fights against the damaged elastin and collagen fibers and provides intense radiance.

Kenshō Wish | 50min 140€

An authentic massage with golden drops of melted candle dripping all over the body.
Choose the scent of your choice between lavender, olive or citrus to calm your mind and make your wishes come true.

Relaxing Aromatherapy | 50min 120€ / 80min 150€

A scented, full body massage to heighten the senses.
Choose the fragrance that best suits your mood and enjoy a holistic relaxing therapy.

Sports and Stretch Massage | 50min 120€

An ideal massage after exercise or a session in the gym.
In this massage, the therapist uses not only their hands, but also a silk foulard to stretch the tensed muscles.

Deep Tissue | 50min 120€

Especially helpful for tensed and contracted areas such as stiff neck, low back tightness and sore shoulders.
A deep relaxative massage technique that targets on the muscle tissue.

Ayurvedic Therapy | 80min 160€

Ayurveda, which means "science of life" in Sanskrit, is an ancient Indian system of holistic medicine.
This therapy refreshes the mind, detoxifies the body and restores the natural balance leaving you completely regenerated.

Indian Head Massage | 40min 80€

Its deep penetrating technique releases muscular tension from the head, neck and shoulders.
Head massage aids in a restful sleep and reduces headaches.

Relaxing Reflexology | 30min 60€

Feet Reflexology can help to clear any channels of blocked energy through moving
the flow of blood, nutrients and nerve impulses to ultimately improve overall health and balance.

Jet Lag | 30min 70€

A wonderful recovery massage after your trip for the back side of the body.
Lay on front and relax with a head to toe back of the body therapy that will help to rejuvenate and overcome tiredness.

Pindas Paradise | 50min 140€

A holistic treatment that uses a combination of massage movements and
pressures using warm pindas fulfilled with rice, nutmeg, cinnamon and seeds.

Perfect Shape | 50 min 120€

A detoxifying massage targeted at the most needed areas.
The therapist uses a special technique of slimming and contouring movements that firms the body.

Lympho Drainage | 50min 110€

A delicate massage technique with specific movements and pressure,
help the body to get rid of the toxins while boosts the blood circulation.

Hot Shell Massage | 50min 130€

A delightful combination of warmth and the sea breeze of the seashells.
Reduces the body tenses, relaxes the nerves, while improves the blood circulation.

Honey and Cinnamon Traditional Deluxe | 60min 120€

A delightful exfoliation, based on specific massage techniques
with Myconian honey and cinnamon, detoxifies the skin and leaves it firm and moisturized.

Pregnant Massage • 50min 110€

A specially designed massage for pregnant women targeted in the areas that suffer most,
as low back and neck tense. A delicate therapy that connects the mother with her child.

Chocojoy for Children • 45min 100€

A relaxing chocolate massage especially designed for our young guests.
Hydrates the delicate skin and leaves it deliciously scented.

Kenshō Lovers • 160min 490€

A delightful treatment for two, especially for honeymooners.
Enjoy 40 minutes Jacuzzi followed by a marvelous scrub that frees the skin of dead cells.
Relax your senses with a candle massage with a scent of your choice and
refresh your face with a delightful hydrating treatment adjusted on your skin needs.

The Treasure of Mykonos • 90min 210€

A gold luxurious treatment begins with a massage with golden nectar
followed by a golden envelopment with yellow seaweed that leaves the skin shiny and rejuvenated.
This treatment ends with an indulging facial treatment.

Slim Silhouette • 80min 180€

A combination of a detoxifying massage that reduces the orange peel effect of the skin,
a draining body wrap enriched with seaweed ending with an algae cream that firms the skin.

Tan magnificent • 90min 210€

Prepare your skin to be exposed on the sun with this specialized body and face treatment.
Vitamin C helps the skin to tan easier and evenly while it provides intense radiance.
Exfoliate your skin with Vitamin C and beeswax, hydrate it with a mask based on orange force
and complete the treatment with a facial that reinforces the skin against the UV radicals.

BEAUTY TREATMENTS

Manicure 50' / 50€
Pedicure 60' / 60€
Spa manicure 60' / 70€
Spa pedicure 70'/ 80€
Nail painting / 20€
Shellac semi / 60€
Removal / 10€

HAIR SALON

Haircut / 30€-40€
Blow dry / 35€
Evening styling / 50€
Men / child hair cut 25€
Hair treatment 25€
Hair wash 15€

DEPILATION

Full Leg Wax / 45€
Half Leg Wax / 25€
Bikini Line Wax /25€
Full Bikini Wax (Brazilian) / 40€
Upper Lip & Chin Wax / 15€
Back Wax / 50€
Arm wax / 30€
Half Arm Wax / 20€
Under Arm Wax / 20€
Chest Wax / 30€
Eyebrow Shaping / 15€

MAKE UP

Day make-up / 60€
Evening make-up / 80€
Bridal make-up / 160€
Eyebrow tinting / 20€

GERMAINE DE CAPUCCINI situated in the South of Spain, it has developed some of the world's most talked about skincare formulations. The successful combination of natural active ingredients with cutting edge technology has enabled the company to bring some of the most influential skin care products and professional spa therapies the beauty industry has ever seen. You can try the premium products and treatments offered by Germaine de Capuccini exclusively in Mykonos at Kenshō BOUTIQUE HOTEL & SPA.

Enjoy the Experience
Kenshō Team