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ReachYourPeak – Katherine Choong



What fascinates you about climbing?

Climbing is a passion that brings people together, that can be shared with a large community of people, regardless of their level. I like to share my adventures and also be inspired by those of others.

What's driving you?

What motivates me is to try to surpass my limits. Goals are my driving force, always higher, always harder. I enjoy the success, but what is more interesting is the process, the approach, the path to get there: being able to find unimaginable resources, finding solutions to complex problems dictated by the rock and continuing to believe when nothing else seems possible. To feel your body in perfect osmosis with your mind to accomplish things you never thought you were capable of.

What is your biggest dream?

Climbing has many different facets and my wish is to continue to have fun in all of them. I have dreams of medals in world championships, because I love the fact that I have to perform at a precise moment, in a precise route, no matter the circumstances, feeling the adrenaline and the positive atmosphere of the public pushing me higher and higher. But I also dream of one day climbing Digital Crack, the highest 8a in Europe located in the magnificent setting of the Aiguilles du Midi in Chamonix. Every time I climb and clip a belay after a great effort, I feel full of joy, happiness, I feel

like I belong here, I feel like I find the meaning of my life. And my dream is that this feeling stays forever.