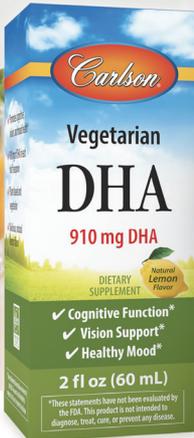


Plant-Based DHA

- ✓ Promotes cognitive, vision, and mood health*
- ✓ 910 mg of DHA in each half teaspoon*
- ✓ Plant-based and vegetarian
- ✓ Delicious natural lemon flavor
- ✓ Potency and quality guaranteed



Carlson®

Award-Winning Quality Since 1965

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Specially Formulated for Vegetarians

DHA is one of the most beneficial omega-3s, but a vegetarian diet may not provide an adequate amount. A plant-based supplement can be a great option. DHA is important for people of all ages to support cognitive, vision, and mood health. And it's especially important for women who are pregnant or nursing, as it promotes healthy brain and vision development in growing children.*

Vegetarian DHA comes in delicious, natural lemon flavor and can be taken directly from the spoon or mixed into yogurt, blended into a smoothie, or poured over a salad. Carlson Vegetarian DHA provides 910 mg of DHA in each half teaspoon and is tested by an FDA-registered laboratory for potency and quality.



1/2 Teaspoon Provides	
Marine Algae Oil	2.35 g
Omega-3 Fatty Acids	1,100 mg
DHA	910 mg

1900-1a

Size	Code
60 mL	1900

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Fax: 847-255-1605 • E-mail: carlson@carlsonlabs.com

Phone: 847-255-1600 • 888-234-5656 • carlsonlabs.com



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