

Press release

## Wellness centre Waer Waters welcomes sports enthusiasts

### 6000 m<sup>2</sup> of pure relaxation + 800 m<sup>2</sup> of sporting pleasure

Groot-Bijgaarden, 1 August 2013 – The brand-new [Waer Waters](#) luxury wellness complex in Groot-Bijgaarden is now open to sports enthusiasts who want to combine a visit to the nearly 800 m<sup>2</sup> multi-disciplinary sports centre with a relaxing day of wellness. In addition to the sports and health club, which boasts the most high-quality and cardio-focussed equipment, Waer Waters offers clients the opportunity to take part in a variety of group classes, such as aqua jogging, yoga and Pilates. Those who rather swing a racquet about, can enjoy a friendly game of squash or tennis.

#### Relaxation and unparalleled luxury combined with supervised sports sessions

Club members and day-visitors to Waer Waters can now combine a visit to the 6000 m<sup>2</sup> wellness area with an extensive array of sports. Under the expert care and guidance of one of the trained members of staff, the expansive sports infrastructure allows you to work on strength and condition training or figure improvements. On top of that, the Waer Waters sports and health club organises various group classes in Pilates, yoga and aqua jogging. The facilities also include squash and tennis courts, both indoor and outdoor. After a work-out, a visit to the spa feels twice as good!

*"The opening of the sports centre fits in perfectly with the holistic approach of Waer Waters," says Sarah Coppens, General Manager. "From the moment you come through our doors, you step into a different world. We want to be a home away from home; a place where our clients can work on both body and spirit. Grabbing a bite in the wellness lounge or the restaurant, a vigorous sports session or a group class followed by a massage or treatment; a visit to our wellness complex is guaranteed to make you feel reborn. We want to be a haven of rest where people can escape the rush of everyday life. Here, we love pushing the pause button."* Those who would like to spend a wellness weekend can prolong their visit to the spa and sauna centre with an overnight stay at [hotel Waerboom](#). The rustic and stylish hotel is only a stone's throw away from Waer Waters. It is managed by the same family, which places great importance on client-friendliness and customer satisfaction. Waer Waters and hotel Waerboom are the ideal location for meetings, conferences, team building, wedding receptions, and other private functions.

#### A perfect mix of saunas and aqua sensations

Waer Waters has a large dressed area as well as an extensive, separate, naturist zone. In both zones you can join in on one of the many *aufguss* sessions which are organised both during the day and in the evening. The sauna master pours a special mix of water and ethereal oils on the hot stones and, by waving a towel, blows away the heat surrounding the body. Despite the high temperature inside the sauna, this experience is will actually send

chills down your spine. The complex, which only opened its doors in December 2012, has several panorama saunas, with views of the interior garden and swimming ponds. Sauna visitors with little experience can enjoy a pleasant temperature of herbal aromas in the biosauna while the hot sauna - 90° C - is a must for the practised sauna visitor. The mild heat given off by the authentic Kelo sauna, built with centuries-old silver-grey wood of firewood trunks, makes it the undisputed prestige project at Waer Waters.

Take a dip in one of the outdoor pools, enjoy the 25 m indoor pool with various aqua sensations, or imagine that you are in the Dead Sea and float in the open-air saltwater pool. Individual infrared saunas, an experience shower that reproduces a hot tropical downpour, a steam room with three compartments with different steam temperatures all combine to create a complete wellness experience. You can relax both indoors and outdoors: on the deck chairs in the courtyard or on the cosy chaises longues in front of a fireplace. The list of day packages, treatments and massages is endless: whether you choose a professional massage, a cleansing rhassoul treatment with clay from the Dead Sea, a body peeling and packing or a facial, you will leave Waer Waters fully relaxed.

#### The Country Club feeling

Thanks to its central location, close to the Brussels ring road, Waer Waters is the perfect rest place for everyone who wants to escape the madding crowd for 1 day or every day. Members of the Waer Waters club enjoy many benefits and discounts. The diverse interesting membership formulas offer you both unlimited access to the wellness facilities and a discount on meals and treatments. If you sign up for a wellness membership before 1 October 2013, you get free use of the fitness for the duration of the membership. Members can also introduce up to 10 visitors to the luxury wellness centre at no charge. For those who want to visit Waer Waters regularly, on their own or with a partner, the Waer Waters credit card is ideal. Cardholders enjoy discounts on entrance, meals and treatments. Furthermore, the card is not nominative, so family and friends can also benefit from it. Companies that want to pamper their employees can also find what they need at Waer Waters. With the Waer Waters Company Card, employees can experience this unique spa at the same prices as members. And the gift voucher remains an original way to surprise a colleague or employee..

#### Practical information

Waer Waters  
Rodenberg 21  
1702 Groot-Bijgaarden+32 (0)467 08 08  
[info@waerwaters.com](mailto:info@waerwaters.com)  
[www.waerwaters.com](http://www.waerwaters.com)

Opening hours: 7 days a week from 11 a.m. to 11 p.m., including Sundays and holidays

Rates: from €24/pp