|  |  |  |
| --- | --- | --- |
|  | **Geslacht** | |
|  | ♂ | ♀ |
| **ontwikkelde slapeloosheid** | 22.12% | 23.64% |
| **status quo** | 76.34% | 74.84% |
| **werd betere slaper** | 1.54% | 1.52% |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Leeftijdscategorie** | | | |
|  | <24 | 25-44 | 45-64 | 65+ |
| **ontwikkelde slapeloosheid** | 20.40% | 23.20% | 25.60% | 14.20% |
| **status quo** | 78.10% | 75.20% | 72.70% | 85.80% |
| **werd betere slaper** | 1.60% | 1.60% | 1.60% | 0.00% |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Beroep** | | | | | | | | |
|  | Werkzoekende | In tijdelijke werkonderbreking (inclusief opgelegde lockdown) | Invaliditeit/ziekte (incl. omwille van COVID-19) | In telewerk | Student | Gepensioneerd | Contactberoep (met een potentieel lager risico op besmetting) | Zelfstandige en andere | Contactberoep (met een potentieel hoog risico op besmetting) |
| **ontwikkelde slapeloosheid** | 22.00% | 30.50% | 33.90% | 21.50% | 21.50% | 17.30% | 11.00% | 19.70% | 28.30% |
| **status quo** | 78.00% | 66.10% | 59.30% | 76.40% | 76.60% | 81.80% | 88.10% | 79.50% | 70.90% |
| **werd betere slaper** | 0.00% | 3.40% | 6.80% | 2.10% | 1.90% | 0.90% | 0.90% | 0.80% | 0.80% |

|  |  |  |  |
| --- | --- | --- | --- |
|  | **COVID diagnose** | | |
|  | COVID+ | COVID- | Niet getest |
| **ontwikkelde slapeloosheid** | 24.50% | 25.40% | 21.50% |
| **status quo** | 74.80% | 72.80% | 77.00% |
| **werd betere slaper** | 0.60% | 1.80% | 1.50% |