

“At Night”

A song about a series of dreams, at a time of fervent journaling, this song was written in under an hour, and flowed unselfconsciously from the depths of my unwaking mind.

“Mood Indigo”

“Mood Indigo” is the feeling of true blue, river of tears kind of sadness. Written from the perspective of an incredibly sensitive person struggling with being guided by emotions, and the roller coaster ride that life can sometimes become.

“California”

A call back to Joni Mitchell’s “California”, this is an uncomplicated song about a far away love, the growing pains of finding oneself, and allowing old selves to fall away.

“Marianne”

Written from the perspective of a person in a relationship, that has conditional permission to explore intimate relationships with others. The song explores the harm that can be inflicted upon the outsider, the Marianne in these types of scenarios. In reality, I was Marianne.

“Bonjour Tristesse”

‘A strange melancholy’ is the first lyric of the song as well as the first line of text in Françoise Sagan’s 1954 novel, ‘Bonjour Tristesse’. I connected deeply with the narrator, Cecile, and wrote this song to reflect her experience as well as my own.

“Blue Angels”

“Blue Angels” captures the giddy nature of a youthful romance. Heavy with nostalgia, this song was written about an early queer experience, and how seeing yourself more clearly can allow you to see others in a different light.

“Drugstore Perfume”

The frustration of being proven wrong, presenting only the best of oneself and resenting another that presents all of themselves, the good the bad and the ugly.

“The Well”

This song marks the beginning of my journey to self actualization, moving to a new city, changing my name, and feeling more connected to my roots and family than ever before

.

“Up in a Cloud”

“Up in a Cloud” depicts the struggles of living with mental illness, and a partner who suffers from dissociation spells. The lyric, ‘you’re spacing out’ directly references the Linda Perhacs song “Chimacum Rain” which I would sing to my love in the midst of it all.

“The Weight”

The struggles of sharing a space and a life with someone who needs a whole lot of alone time, asking to be left alone, and establishing boundaries.

“Motorbike”

Motorbike is a moment of realization, a determination to work through the tumult and emotion at the beginning of a relationship. going through the tunnel, and seeing the light at the end, letting bygones be bygones and choosing each other everyday.