

triple j farewells Breakfast hosts Matt & Alex

EMBARGOED UNTIL: 8.10am Monday 21 November 2016

This morning, **triple j Breakfast** hosts **Matt & Alex** announced that at the end of the year they'll be shouting '[Pack er up boys!](#)' one last time on triple j. Sleep ins are in sight for the brekkie boys who'll do their last show on **Fri 16 Dec**.

After 10 years at the station, **Alex Dyson** is excited to whip out his underutilised passport, saying "After spending over a third of my life at triple j, I felt it was time to give someone else a go while I travel the world, do a bit of writing and wean myself off my addiction to new Australian music."

Continuing his successful comedy career, **Matt Okine** plans to focus on TV, saying "Before radio I actually studied an acting degree, so I figured I'd wait until my looks and hair had completely deteriorated before moving to the small screen." He's also committing more time to his own music project, Boilermakers.

We're sad to see two of triple j's most loved and iconic presenters move on, but are excited for their next adventures, with **triple j Content Director Ollie Wards** saying "As soon as I wake up I hit the triple j app to hear what Matt & Alex are talking about. Not because I have to, I'm genuinely a massive fan. From ludicrous talkback like 'what've you eaten for stuff?', wtf moments to learning about space – triple j breakfast has been an awesome ride with Matt & Alex. I can't wait to see what they do next".

Alex Dyson started presenting at triple j in 2007, at 18 years old, cutting his teeth on **Mid Dawns**, then **Weekend Breakfast** before moving into the coveted **triple j Breakfast** spot, alongside then co-host **Tom Ballard**. He's experienced every major adult milestone along with triple j listeners, from his 21st birthday party to his first share house, music festival and tax return.

In 2014, after winning Best Newcomer at **Melbourne International Comedy Festival**, comedian **Matt Okine** joined **Alex Dyson** on **triple j Breakfast**. The pair fast became favourites with triple j fans for their quick wit, 'crumb' and 'ratdog' antics.

For the past three years, **Matt & Alex** have been at the helm of triple j's popular [Like A Version](#) segment, inviting artists like [DMA'S](#), [Violent Soho](#), [Halsey](#), [Emma Louise](#), [Sarah Blasko](#) and heaps more to cover some of their fave songs. They've also brought live music and artist interviews to you from countless live festival broadcasts. They've covered thousands of kilometers of the country, visiting Australian universities on the [O-Mazing Race](#).

We've been treated to endless LOL worthy videos, including an homage to WA in a spoof of **Lana Del Rey's** '[West Coast](#)', an analysis of why '[No-one Listens To Jeff Goldblum](#)' and racked up digits for charity single '[Doin Numbers](#)'. They're responsible for bringing **Darude's** 'Sandstorm' back into popular culture, as well as the creation of the hybrid [tune-rag-legionnaire-hat](#) to protect ya neck.

We got to know the boys' Dads, [Ian Dyson](#) and [Mack Okine](#) and heard [heartfelt stories about their Mums](#). They've [surprised](#) the next generation of Unearthed High artists and Alex played us his own [#PlaySchoolRemix](#). We were introduced to stacks of local and international comedians at their annual [Good Az Friday shows](#). The boys got to meet heaps of their heroes, like [Ice Cube](#), as well as local legends like [Ruggsy](#). And who could forget the time **Matt & Alex** made [enemies with Richard Wilkins](#) or when [Matt got burned by Chris Rock](#)?

To top it all off, they released an **ARIA nominated album**, [Matt & Alex Play It Out](#), and despite [dressing up every year](#), somehow keep being invited back.

Join us live as **Matt & Alex** make their last public appearance at the coveted [Matt and Alex Legend of the Year Awards](#), featuring the show's best listener contributions of 2016, **8am Weds 14 Dec** at the **ABC** in **Ultimo, Sydney**.

Stay tuned to find out who will take over triple j Breakfast in 2017.

triple j – we love Matt & Alex

For more info, images and interviews contact:
Gerry Bull
triple j Publicist
ph: 02 8333 1641
bull.gerry@abc.net.au
triplej.net.au